

WHEATIES FUEL™

FOR YOUR WINS

NUTRITIONAL INFO WHEATIES FUEL® ENERGY BAR

CHOCOLATE PEANUT BUTTER

Nutrition Facts Serving Size: 1 bar (64g), Amount Per Serving:
Calories 290, Calories from Fat 110, **Total Fat** 12g (19% DV), Saturated Fat 6g (29% DV), Trans Fat 0g, Polyunsaturated Fat 1.5g, Monounsaturated Fat 4g, **Cholesterol** less than 5mg (1% DV), **Sodium** 230mg (10% DV), **Total Carbohydrate** 30g (10% DV), Dietary Fiber 1g (5% DV), Sugars 13g, **Protein** 15g (20% DV), Vitamin A (0% DV), Vitamin C (25% DV), Calcium (6% DV), Iron (6% DV), Vitamin E (50% DV), Thiamin (100% DV), Riboflavin (100% DV), Niacin (100% DV), Vitamin B₆ (100% DV), Vitamin B₁₂ (100% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

Ingredients: Confectionary Coating (sugar, palm kernel oil, nonfat milk, cocoa, cocoa processed with alkali, soy lecithin, natural flavor), Corn Syrup, Soy Protein Isolate, Whey Protein Concentrate, Glycerin, Peanut Butter (peanuts, sugar, peanut oil, salt, molasses, monoglycerides, corn starch), Roasted Peanuts, Canola Oil, Sorbitol, Soy Nuggets (soy protein isolate, tapioca starch, salt). **Contains 2% or less of:** Water, Wheat Flakes (whole grain wheat, sugar, salt, barley malt extract), Salt, Medium Chain Triglycerides, Soy Lecithin, Color Added, Natural and Artificial Flavor. Freshness Preserved by Mixed Tocopherols. **Vitamins and Minerals:** Vitamin E (tocopheryl acetate), Vitamin C (ascorbic acid), A B Vitamin (niacinamide), Vitamin B₂ (riboflavin), Vitamin B₁ (thiamin mononitrate), Vitamin B₆ (pyridoxine hydrochloride), Vitamin B₁₂ (cyanocobalamin).
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DOUBLE CHOCOLATE

Nutrition Facts Serving Size: 1 bar (64g), Amount Per Serving:
Calories 280, Calories from Fat 90, **Total Fat** 10g (15% DV), Saturated Fat 6g (29% DV), Trans Fat 0g, Polyunsaturated Fat 1g, Monounsaturated Fat 2g, **Cholesterol** less than 5mg (1% DV), **Sodium** 230mg (9% DV), **Total Carbohydrate** 34g (11% DV), Dietary Fiber less than 1g (2% DV), Sugars 15g, **Protein** 15g (22% DV), Vitamin A (0% DV), Vitamin C (25% DV), Calcium (6% DV), Iron (6% DV), Vitamin E (50% DV), Thiamin (100% DV), Riboflavin (100% DV), Niacin (100% DV), Vitamin B₆ (100% DV), Vitamin B₁₂ (100% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

Ingredients: Confectionary Coating (sugar, palm kernel oil, nonfat milk, cocoa, cocoa processed with alkali, soy lecithin, natural flavor), Corn Syrup, Soy Protein Isolate, Whey Protein Concentrate, Glycerin, Chocolate Flavored Drop (sugar, partially hydrogenated palm kernel oil, whey protein isolate, cocoa processed with alkali, nonfat milk, soy lecithin, salt, vanillin), Whey Protein Isolate, Canola Oil, Sorbitol, Maltodextrin, Soy Nuggets (soy protein isolate, tapioca starch, salt), Water. **Contains 2% or less of:** Wheat Flakes (whole grain wheat, sugar, salt, barley malt extract), Natural and Artificial Flavor, Salt, Color Added, Soy Lecithin, Sulfiting Agents. Freshness Preserved by Mixed Tocopherols. **Vitamins and Minerals:** Vitamin E (tocopheryl acetate), Vitamin C (ascorbic acid), A B Vitamin (niacinamide), Vitamin B₂ (riboflavin), Vitamin B₁ (thiamin mononitrate), Vitamin B₆ (pyridoxine hydrochloride), Vitamin B₁₂ (cyanocobalamin).
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